



Pre-K Menu – September 2009
(15 lunch days)

Monday	Tuesday	Wednesday	Thursday	Friday
	1 No School <i>Teacher Workshop Day</i>	2 No Pre-K	3 Chicken Patty Sandwich w/lettuce on Roll & tomato, Oven Fries, Veggies, Fruit & Milk	4 French Bread Cheese Pizza, Veggies w/Dip, Fresh Fruit & Milk
7 No School <i>Labor Day</i>	8 Multigrain Pancakes w/Maple Syrup, Sausage, Fresh Fruit & Milk	9 No Pre-K	10 Chicken Nuggets w/Dipping Sauce, Fresh Fruit, Steamed Veggies, Roll & Butter & Milk	11 Cheese Pizza, Veggies w/Dip, Fresh Fruit & Milk
14 Breakfast Sandwich (egg, ham, cheese on English Muffin), Hash Browns, Fresh Fruit & Milk	15 Hamburger on Roll, Roasted Garden Potatoes, Veggies, Fruit & Milk	16 No Pre-K	17 Mac & Cheese, Steamed Veggies, Fruit, Cookie & Milk	18 Cheese Pizza, Veggie w/Dip, Fresh Fruit & Milk
21 Ham & Cheese Sandwich on Roll, Veggie Sticks, Pretzels, Apple Crisp & Milk	22 Tomato Soup, Half Toasted Cheese, Fruit, Brownie & Milk	23 No Pre-K	24 Hotdog on Roll, Sweet Potato Fries, Veggies, Fruit & Milk	25 French Bread Cheese Pizza, Veggies w/Dip, Fresh Fruit & Milk
28 Cheese Ravioli w/Sauce, Tossed Salad, Garlic Toast, Fresh Fruit & Milk	29 Ham & Cheese Stackers, Fresh Fruit, Veggies, Cookies & Milk	30 No Pre-K		

Always available: P.B.&J., Granola or Cereal: Raisin Bran, Cheerios & Rice Krispies. All served with yogurt and fresh fruit.
On meat entree days, Smart Dogs, Veggie Burgers, Veggie Chicken Nuggets and Veggie Chicken Patties will be available as a vegetarian alternative.
Lunch - \$2.50 includes milk. Milk - .40

Menu subject to change without notice.